The Perfect Multivitamin

Vita-Lea Men is a high potency formulation specially designed to support the unique needs of men. Promotes:

- Heart health
 Healthy muscle function
- Immune health
 Physical energy
 Normal blood pressure

23 Essential Vitamins and Minerals

Each serving delivers 100% or more of the Daily Value of all vitamins, including twice the Daily Value of vitamins C, D, and E—plus more beta carotene for increased antioxidant protection.

Based on 7 Clinicals

Vita-Lea features a patented microcoating system to enhance absorption of folic acid. Gluten free. No artificial flavors, sweeteners, colors, or preservatives added. Contains vitamin K. Bottle has printed seal under cap for your protection. U.S. Patent No. 6,465,013





DIRECTIONS: Take 2 tablets daily.

Supplement Facts Serving Size: 2 Tablets Servings Per Container: 60

Amount Per Serving % DV Amount Per Serving % DV						
Amount	Amount Per Serving		Amount Per Serving		% DV	
Total Carbohydrate	<1 g	<1%*	Phosphorus (as dicalcium phosphate)	350 mg	35%	
Vitamin A (70% as beta carotene from Blakeslea	5,000 IU	100%	lodine (as potassium iodide and sea kelp)	150 mcg	100%	
trispora and 30% as vitamin A acetate)			Magnesium (as magnesium oxide)	225 mg	56%	
Vitamin C (as ascorbic acid)	120 mg	200%	Zinc (as zinc gluconate)	15 mg	100%	
Vitamin D ₃ (as cholecalciferol)	800 IU	200%	Selenium (as trace mineral protein hydrolysate)	70 mcg	100%	
Vitamin E (as d-alpha-tocopheryl succinate	60 IU	200%	Copper (as copper gluconate)	1 mg	50%	
and mixed tocopherols)			Manganese (as manganese gluconate)	2 mg	100%	
Vitamin K (as phytonadione)	100 mcg	125%	Chromium (as trace mineral protein hydrolysate)	120 mcg	100%	
Thiamin (as thiamine mononitrate)	1.5 mg	100%	Molybdenum (as trace mineral protein hydrolysate)	75 mcg	100%	
Riboflavin	1.7 mg	100%	Sodium	5 mg	<1%	
Niacin (as niacinamide)	20 mg	100%	Nickel (as trace mineral protein hydrolysate)	15 mcg	t	
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	100%	Tin (as trace mineral protein hydrolysate)	10 mcg	Ť	
Folate (as folic acid)	400 mcg	100%	Vanadium (as trace mineral protein hydrolysate)	20 mcg	†	
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	100%	Boron (as trace mineral protein hydrolysate)	1 mg	†	
Biotin (as d-biotin)	300 mcg	100%	Silicon (as silicon dioxide)	2 mg	†	
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%	*Percent Daily Values (DV) are based on a 2,000 calorie diet.			
Calcium (as dicalcium phosphate)	450 mg	45%	†Daily Value not established.			

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPY IM RETHYLCELLILOSE, CROSCARMELLOSE SODIUM, SPIRLLINA, MOSTOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT, HYDROXYLATED SOY LECTHIN, CARNAUBA WAX.

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